## **Acrobatics & Dance**

Miss Sarah and Miss Jackie will lead this combined class!

Gotta Dance classes are high-energy, movement-based and age-appropriate. Each class begins with a warm-up followed by creative movement and acrobatics to build balance, motor skills, and social skills. Our dance educators use fun, educational props to engage preschoolers and teach self-control, simple ballet dance



movements, simple acrobatic skills and dance terminology. Preschoolers develop strength in their large muscle groups and discover the joy and freedom in movement.