

# What's humming in the Hummingbirds... NOVEMBER, 2020

(\*Some activities will be modified due to covid19)





### **Cognitive Development Activities for the Month:**

- The children will enjoy the challenge of dividing objects into categories. In November they will learn to sort items, beginning with 2 piles, then increase if they're able!
- "Little Scientist" The children will have fun with sponges, water & empty plastic containers. They will fill their own piece of sponge with water then wring the water from their sponges into their own containers.

## Physical Development (Large & Small Muscle) Activities for the Month:

Large Muscle Skills:

- \*The children will play "Turkeys in the Nest"! The children will pretend to be turkeys by moving around their nests (hula hoops) flapping their arms, scratching the floor with their feet, and saying, "Gobble, gobble, gobble." When they hear "Turkeys in the nest!" they will sit in their nest.
- The children will play "Twinkle Toes the Turkey"! Twinkle will have movement directions dictated on each feather, such as Stamp your feet" or "Touch your nose". The children will try to perform the action!

#### Small Muscle Skills:

• \*The children will squirt water into their own empty containers.

Creative Art Development Activities for the Month: The children will create adorable Thanksgiving Projects!

### **Hummingbird Themes for November...**

- My Hands, My Feet & My Family!
- Happy Thanksgiving!
- Twinkle Toes the Turkey!
- Hand Signs: "Please" & "Eat"
- Song "Where Is Thumbkin" & "I'm Thankful for My Family"
- STEAM: 3 Little Piggies

## Hand Signs...

Each month we will introduce a "Hand Sign" to your little ones. Sign Language helps toddlers communicate their needs.

## please



Make circular motion on chest





#### "Where is Thumbkin?"

Where is Thumbkin? Where is Thumbkin?
Here I am! Here I am!
How are you today, sir? Very well, I thank you.
Run away. Run away.
(Continue with each finger:
Pointer, Tall Man, Ring Man, Baby)

# "I'm Thankful"

(Tune: "London Bridges")
I'm thankful for my family, family, family.
I'm thankful for my family – I am thankful.
I'm thankful for my friends at school, friends at school, friends at school.

I'm thankful for my friends at school – I am thankful. I'm thankful for the food I eat, food I eat, food I eat. I'm thankful for the food I eat – I am thankful.